

Arizona Health + Living: Holiday Gift Guide

December 2014

Oxygen Plus (O+)

www.oxygenplus.com

The holiday season can leave us feeling tired and completely spent. There's the option of turning to coffee or quick fix energy drinks, but we all know binging on caffeine isn't the healthiest choice. This Holiday season give your body a natural and effective energy boost of pure, natural oxygen. Oxygen Plus (O+) has developed a line of portable, recreational oxygen that provides enriched air to help you enjoy all your holiday festivities. With light-weight canisters, you can inhale three to five breaths of 95% pure oxygen at any time during the day to get a boost of energy, reduce shopping stress, and help you focus on what is really important.



Full article: <http://www.azhealthandliving.com>