



## Four revolutionary products that'll help you de-stress

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It's not at all uncommon to find yourself stressed and overwhelmed. From the various pressures at work to family emergencies to money issues and beyond, sometimes it's hard to find a moment to breathe and unwind. And we all know what happens when the stress monster takes over: less beauty sleep, frazzled hair and a dull complexion.

While a soothing candle, long bubble bath and glass of wine comes highly recommended by yours truly, I thought it'd be fun to highlight some more innovative products that'll also soothe and melt away anxiety. Glance over some of the products below and you'll understand why I've deemed them revolutionary. They're not your standard products and are definitely worth reviewing if you're looking to de-stress.

### **Oxygen Plus**

Looking for an effective way to clear the cobwebs and rejuvenate your worry-proned mind? Check out one of my favorite innovative products, Oxygen Plus. A natural -- and hip -- alternative to caffeine, Oxygen Plus is a can full of concentrated, flavored oxygen that you inhale three to five times. It comes in natural, peppermint and pink grapefruit flavors and works by quickly boosting your blood oxygen levels. This, in turn, produces feelings of increased vitality, alertness and energy. Yes, it's legal, and yes, it's brilliant. Try it yourself starting at \$5.99 at [OxygenPlus.com](http://OxygenPlus.com).