

Top Spa Treatments

Good-for-you indulgences at high-country spas rival the allure of the great outdoors

January, 2011 by Linda Hayes



ALPINE GLOW [The Spa at Stein Eriksen Lodge](#), Park City, Utah

Say goodbye to skin suffering from the effects of high altitude and cold with this healing, hydrating treatment. Cocoon in heated blankets while your body steeps in a honeybee-propolis wrap. After that, a slick of high-altitude essential oils will help seal in moisture for a silky new you. \$160/50 minutes. Key Ingredients peppermint oil, honeybee propolis, frankincense oil.

Insider Tip: For an extra boost, pick up a 90-percent pure oxygen canister by Oxygen Plus, sold at the spa's retail store.

ML Exclusive Enjoy 20% off when you experience the Alpine Glow treatment between 9 a.m. and 1 p.m. Contact 435-645-6475, steinlodge.com.

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